

September 19th to 23rd 2011

Monday

19

Tuesday

20

Wednesday

21

Thursday

22

Friday

23

1st Day of Fall

September 24th & 25th 2011

Saturday

24

Sunday

25





"falling leaves
hide the path
so quietly"
- John Bailey





Fall



September 26th to 30th 2011

Monday

26

Tuesday

27

Wednesday

28

Thursday

29

Friday

30



October 1st & 2nd 2011

Saturday

1

Sunday

2

October 2011

M	Tu	W	Th	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

October 3rd to 7th 2011

Monday

3

Tuesday

4

Wednesday

5

Thursday

6

Friday

7



October 8th & 9th 2011

Saturday

8

Sunday

9



October 10th to 14th 2011

Monday

10

Thanksgiving Day

Tuesday

11

Wednesday

12

Thursday

13

Friday

14



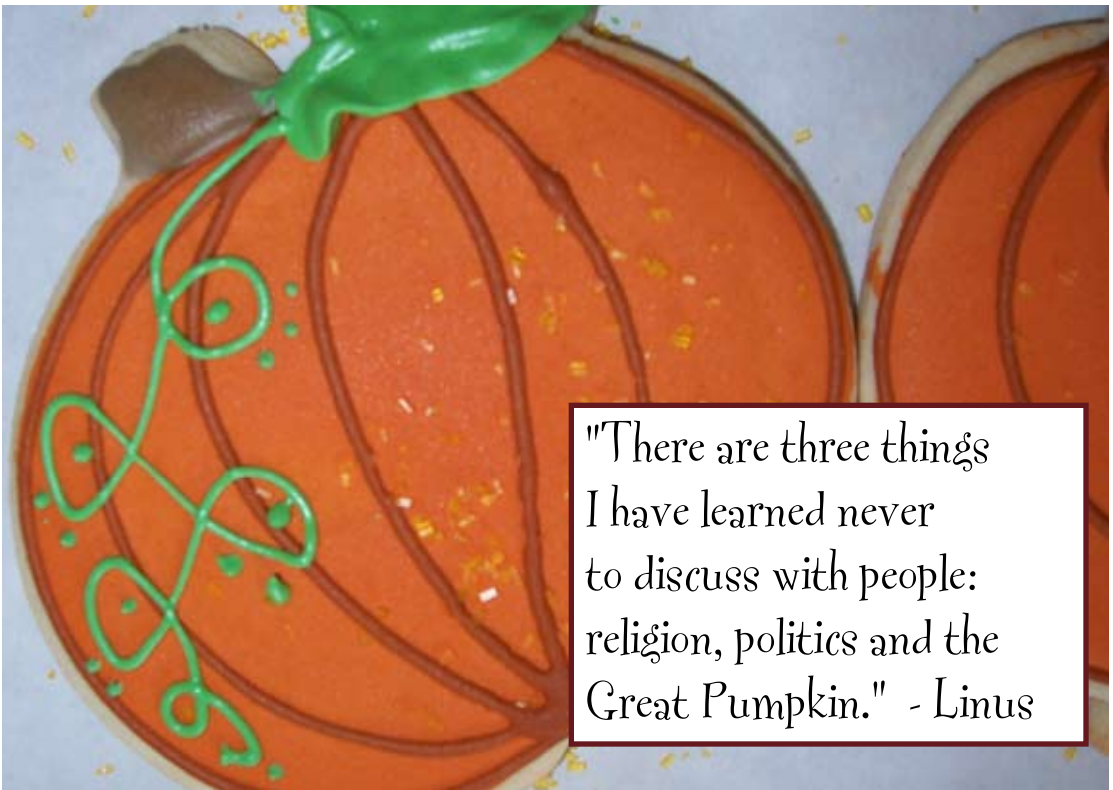
October 15th & 16th 2011

Saturday

15

Sunday

16



"There are three things
I have learned never
to discuss with people:
religion, politics and the
Great Pumpkin." - Linus

October 17th to 21st 2011

Monday

17

Tuesday

18

Wednesday

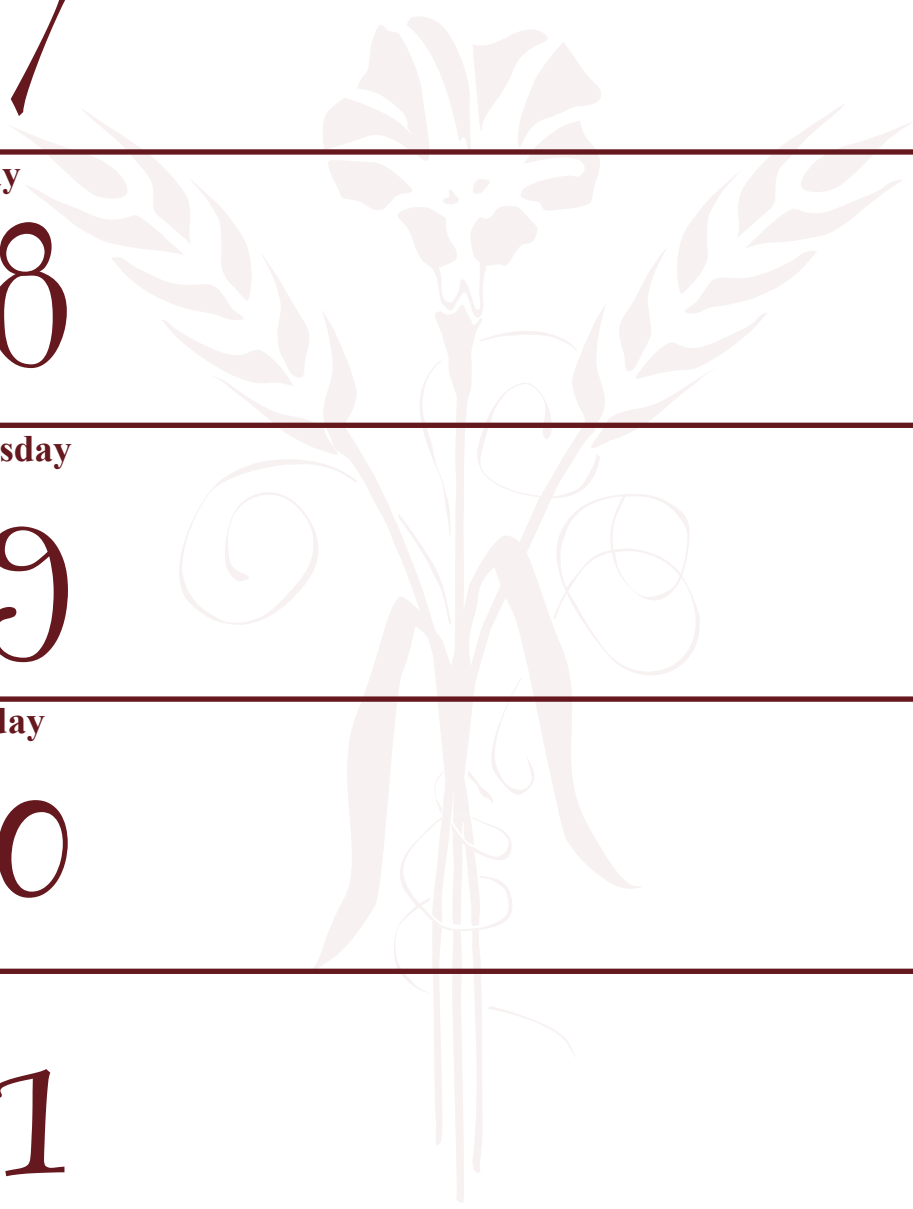
19

Thursday

20

Friday

21



October 22nd & 23rd 2011

Saturday

22

Sunday

23



October 24th to 28th 2011

Monday

24

Tuesday

25

Wednesday

26

Thursday

27

Friday

28



October 29th & 30th 2011

Saturday

29

Sunday

30

Fall Back! Daylight Savings Time Ends



Boo!

October 31st to November 4th 2011

Monday

31

Halloween

Tuesday

1

Wednesday

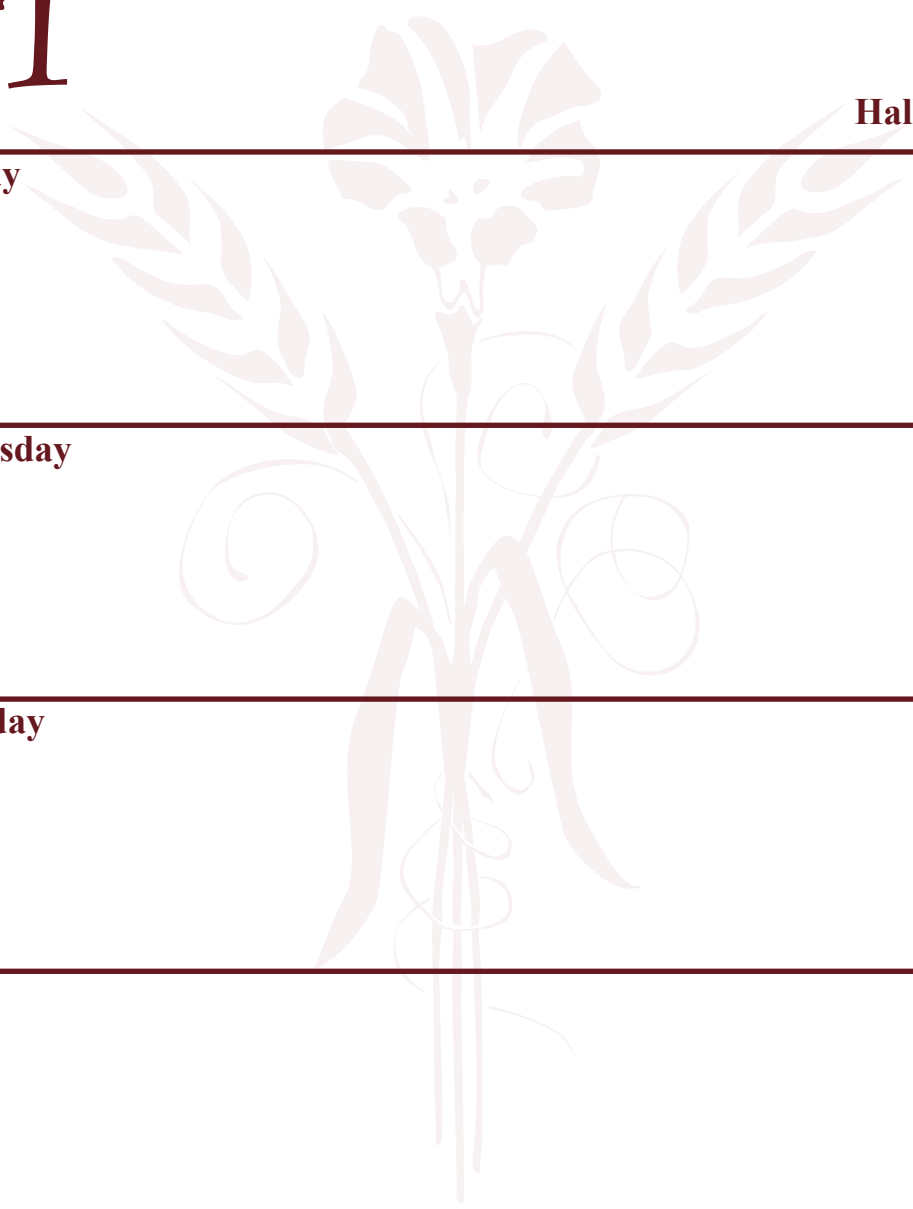
2

Thursday

3

Friday

4



November 5th & 6th 2011

Saturday

5

Sunday

6

November 2011

M	Tu	W	Th	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

November 7th to 11th 2011

Monday

7

Tuesday

8

Wednesday

9

Thursday

10

Friday

11

Remembrance Day

November 12th & 13th 2011

Saturday

12

Sunday

13

Maple Orange Pecan Granola

3 cups Rolled Oats
3 cups Quick Oats
1 tsp Nutmeg, ground
1 tsp Cinnamon, ground
½ tsp Allspice
1/3 c Bran
1 ¼ c Pecans, chopped

1 Orange, zest & juice
¼ c Orange juice
¾ c Maple syrup
¾ c Canola oil

¼ c Dried cranberries
¼ c Dried currants
¾ c Toasted Seeds
(Sesame, pumpkin, flax and sunflower) Toasted Seeds are available for purchase at With the Grain.

Preheat oven to 350F.

Mix dry ingredients (Oats to Pecans) in a large bowl.

Mix wet ingredients (Orange to oil) in a medium bowl.

Add wet ingredients to dry and mix thoroughly.

Spread oat mixture on either a cookie sheet or baking pan and bake for 20-25 minutes, stirring every 10 minutes, until granola is golden brown and dry in appearance.

Let cool, stirring occasionally to avoid clumping.
Add dried fruit & seeds.

Yield:
about 8 cups



November 14th to 18th 2011

Monday

14

Tuesday

15

Wednesday

16

Thursday

17

Friday

18



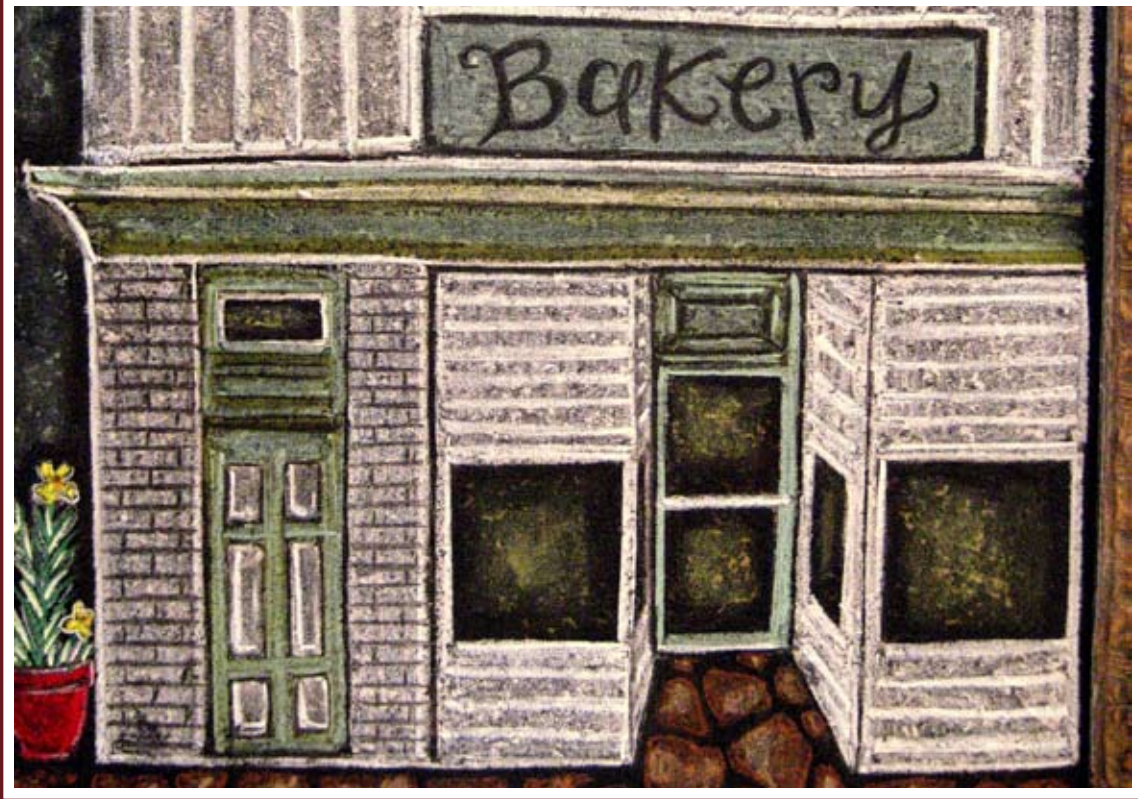
November 19th & 20th 2011

Saturday

19

Sunday

20



November 21st to 25th 2011

Monday

21

Tuesday

22

Wednesday

23

Thursday

24

Thanksgiving Day (US)

Friday

25

November 26th & 27th 2011

Saturday

26

Sunday

27

Tuscan White Bean Soup



3 cans (398ml) navy beans
2 tbsp. olive oil
2 1/2 cups onions, diced
2-3 cloves garlic, minced
*8 cloves whole roasted garlic**
4 stalks celery, sliced
2 carrots, diced
1 sweet red pepper diced
water or vegetable broth
1 1/2 tsps dry mustard
1 1/2 tsps black pepper
1 tsp dried sage
1/2 cup white wine
1/2 cup lemon juice

* to roast garlic - cut the top off a head of garlic, rub with olive oil and wrap in aluminium foil - bake in a 400 degree F oven for 20 minutes - let cool slightly then squeeze garlic out of peel

Saute in large pot: onions, minced garlic, celery, carrots and sweet pepper in olive oil until tender. Stir in navy beans, roasted garlic, salt, dried mustard, black pepper, sage, white wine, and lemon juice and add enough water or broth to make a hearty texture. Heat through. Remove two cups of soup to a blender and blend until smooth, pour back into soup. Taste and adjust seasonings.

Enjoy!

November 28th to December 2nd 2011

Monday

28

Tuesday

29

Wednesday

30

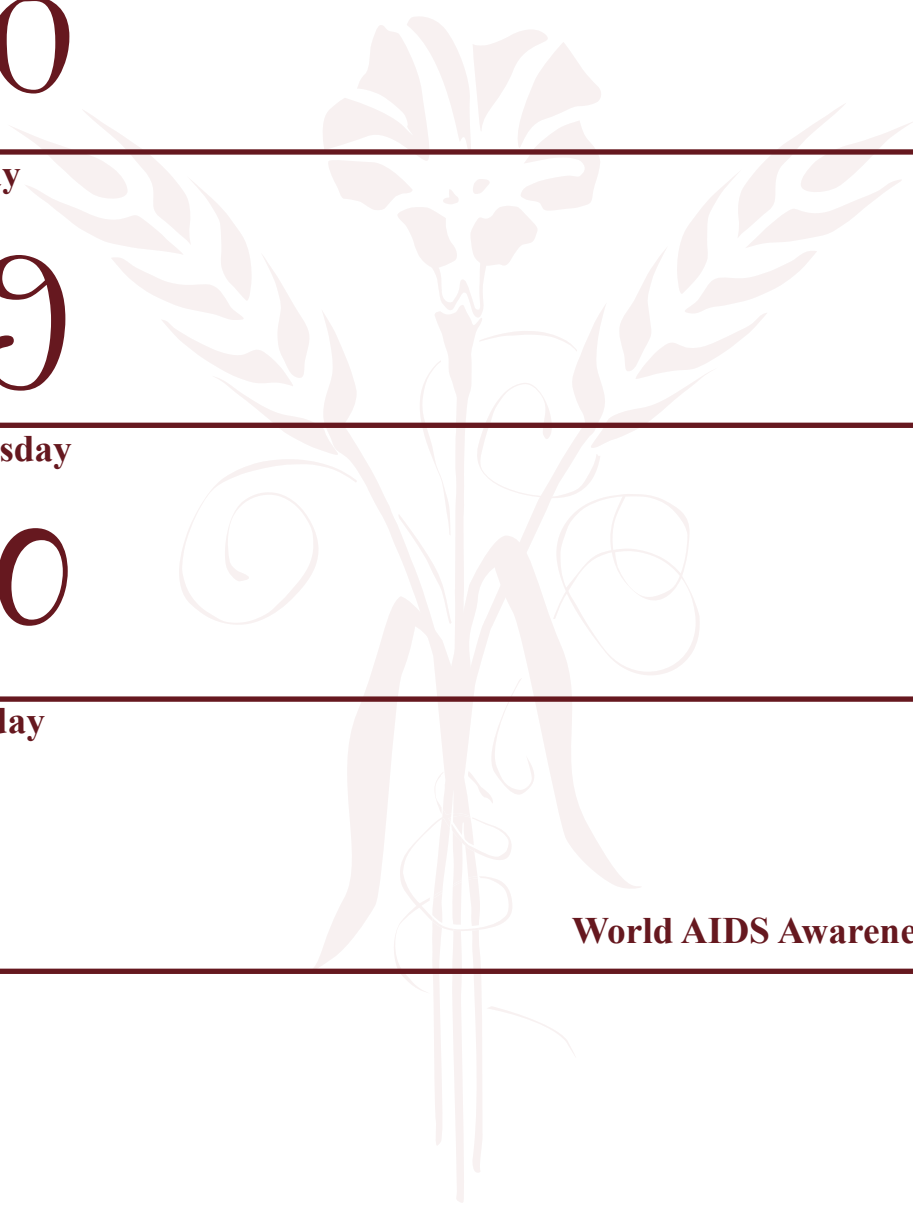
Thursday

1

World AIDS Awareness Day

Friday

2



December 3rd & 4th 2011

Saturday

3

Sunday

4

December 2011

M	Tu	W	Th	F	S	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

December 5th to 9th 2011

Monday

5

Tuesday

6

Wednesday

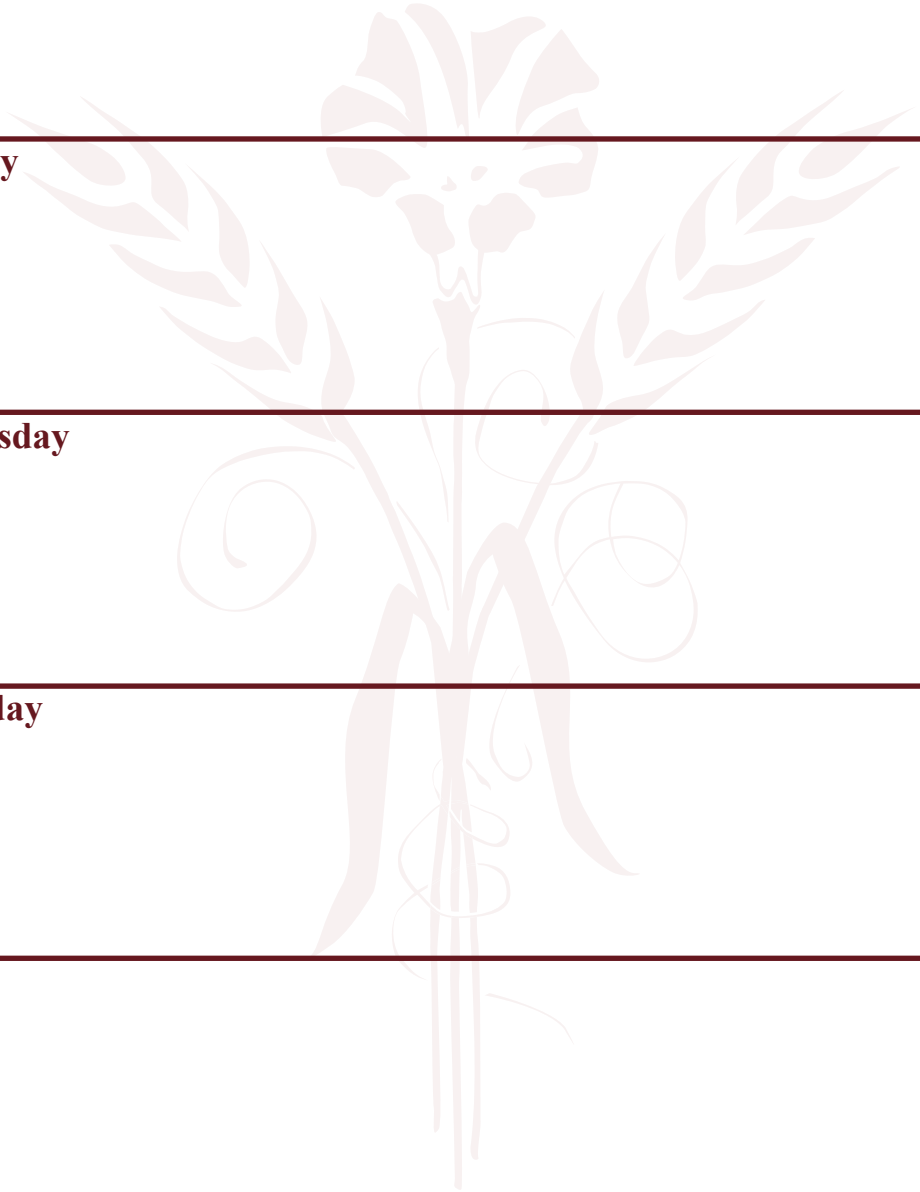
7

Thursday

8

Friday

9



December 10th & 11th 2011

Saturday

10

Sunday

11



December 12th to 16th 2011

Monday

12

Tuesday

13

Wednesday

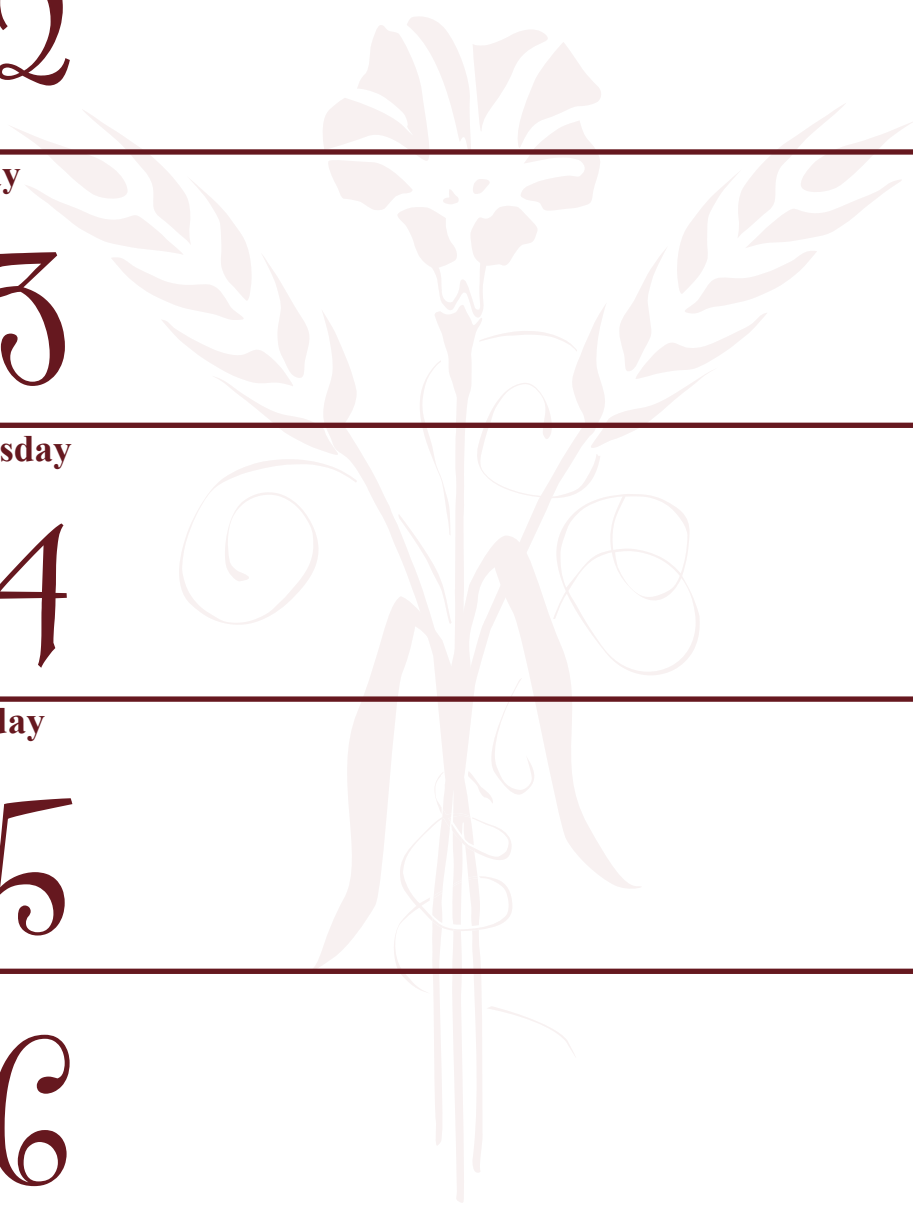
14

Thursday

15

Friday

16



December 17th & 18th 2011

Saturday

17

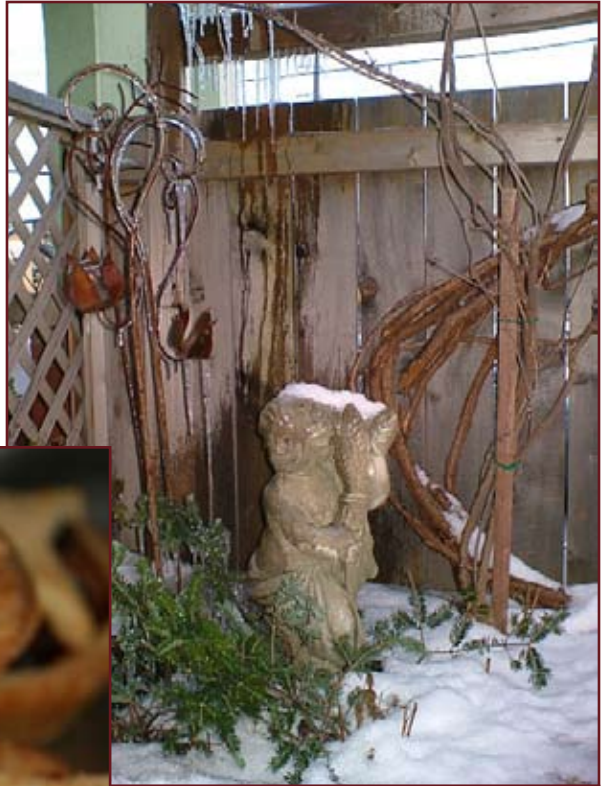
Sunday

18

Bake Cookies Day



winter





One kind word can
warm three winter
months.

- Japanese Proverb



December 19th to 23rd 2011

Monday

19

Tuesday

20

Wednesday

21

Hanukkah

Thursday

22

1st Day of Winter

Friday

23



December 24th & 25th 2011

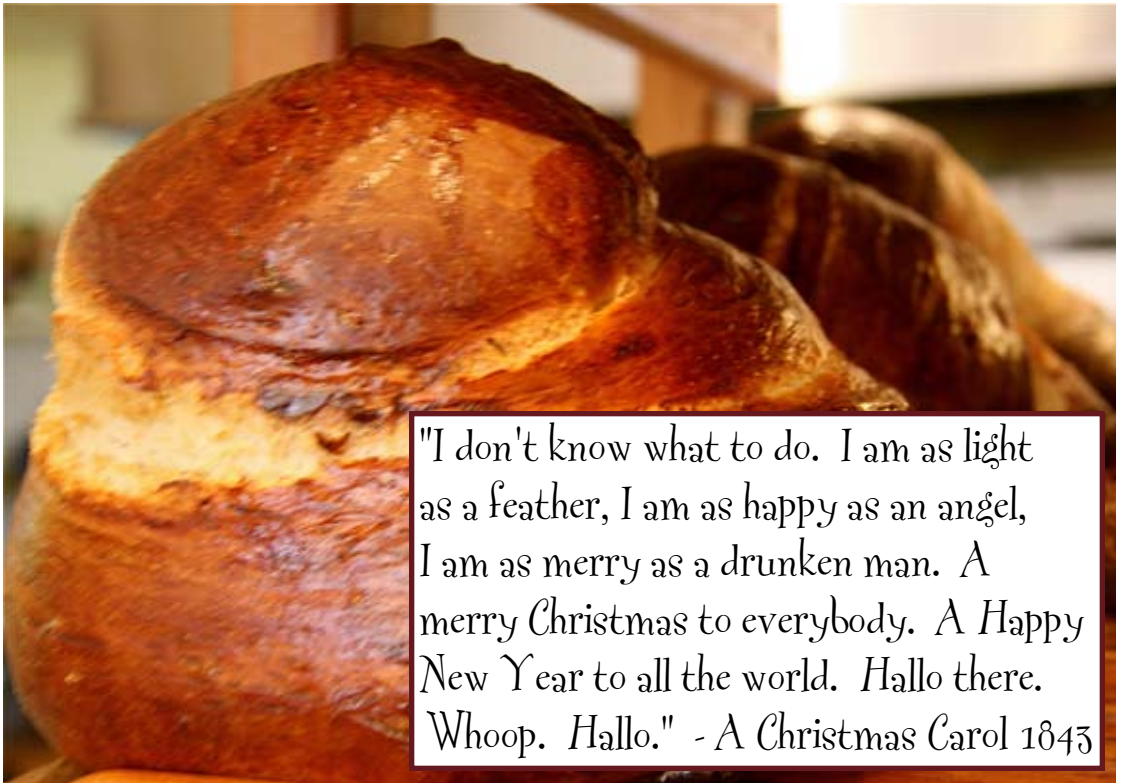
Saturday

24

Sunday

25

Christmas Day



"I don't know what to do. I am as light
as a feather, I am as happy as an angel,
I am as merry as a drunken man. A
merry Christmas to everybody. A Happy
New Year to all the world. Hallo there.
Whoop. Hallo." - A Christmas Carol 1843

December 19th to 23rd 2011

Monday

26

Kwanzaa Begins
Boxing Day
WtG and Shaw's Creek Café Closed

Tuesday

27

Wednesday

28

Thursday

29

Friday

30

December 24th & 25th 2011

Saturday

31

New Year's Eve

Sunday

1

WtG and Shaw's Creek Café Closed
New Year's Day

1999



• 2 owners/bakers/service staff/
cooks

2010

- 1 owner
- 3 department managers
- 10 kitchen staff
- 10 bakery staff
- 9 front of house staff
- 1 human resources coordinator
- 1 office administrator
- 2 Shaw's Creek staff



Grainers Through Time...

1999

	Francis F	Jon Paul B	Janneke J	Jaye C	Eric K
	Glenn C	Joseph M	Jaye C	Jennifer B	Eritia S
Sheri B	Ian W	Karen M	Jeremy R	Jeremy F	Jennifer B
Steph	Jeff F	Katie F	Joan M	Joan M	Jeremy F
Sylvia W	Jennifer W	Keika C	Jonathon C	Jocelyn H	Joan M
	Katie F	Lisa L	Jon Paul B	Jonathon C	Joanna B

2000

	Keika C	Michael D	Kate R	Jon Paul B	Jocelyn I
	Michael D	Michelle M	Katie F	Josea C	John O
Donna P	Rachel M	Natalina G	Laura F	Karen H	Jonathon C
Francis F	Rebekah T	Peter V	Michael D	Katie F	Katie F
Jeff F	Sarah F	Sheri B	Neisha M	Kelly H	Kelly H
Jeff S	Sheri B	Stephanie J	Peter V	Laura F	Keri M
Jeremy S	Sylvia W	Suzanne W	Rebecca R	Melinda F	Kerri DP
Josh E	Therese M	Sylvia W	Sam E	Melissa W	Kerri R
Karina C		Ted S	Samantha C	Nicole M	Laura B
Karyn B		Theresa T	Scott W	Nora R	Laura F
Kathryn P			Shavonne M	Peter V	Leigh W

2002

	Aimée C	2003	Sheri B	Samantha C	Lindsey M
Katie F	Alec M		Stephanie J	Sarah L	Mac P
Nicole K	Angela M	Aimée C	Susanna G	Sheri B	Maida T
Rachel M	Anwen S	Alec M	Sylvia W	Susanna G	Maria O
Rebekah T	Caroline S	Ann DP	Ted S	Sylvia W	Melissa W
Sarah F	Christine G	Anwen S		Ted S	Nana P
Shannon R	Claire T	Ben W	2004	Tom H	Nathan A
Sheri B	Crystal M	Carla S		Vanessa P	Nicole M
Steph	Derek H	Carly W	Aimée C	Zak S	Olga A
Sylvia W	Donna P	Caroline S	Alec M		Peter V
Therese M	Evan B	Chris J	Allison H	2005	Samantha C

2001

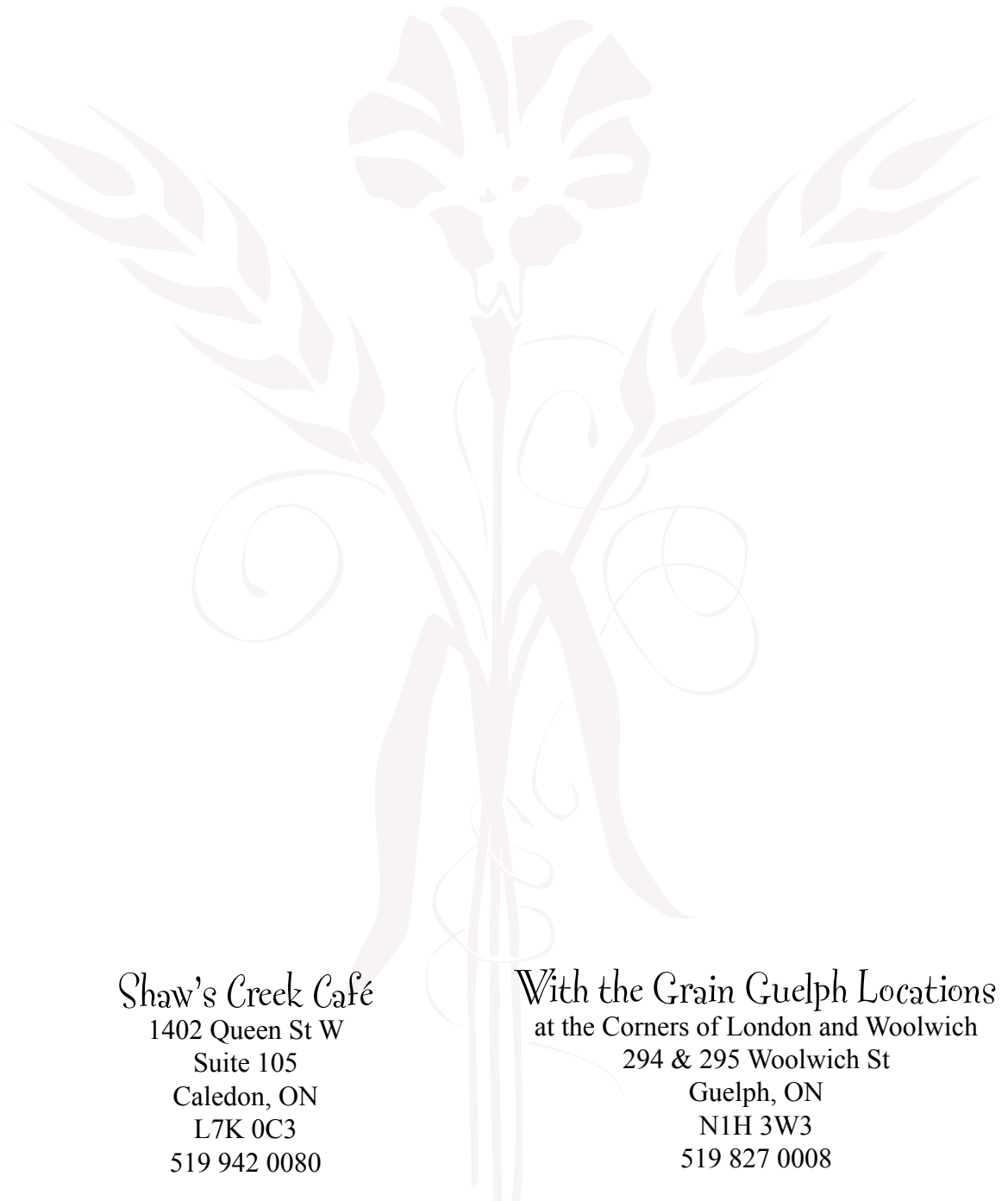
	Francis F	Christine G	Amy D		Sara B
	Glenn C	Daniel T	Benjamin C	Allison H	Sarah F
Adrienne F	Haley M	Eric K	Caroline S	Amanda H	Sarah L
Aimée C	Ian M	Evan B	Chris J	Amy D	Scott R
Alec M	Ian W	Francis F	Daniel T	Benjamin C	Sheri B
Angela M	Janneke J	Haley M	Eric K	Candice C	Susanne V
Claire T	Jeff F	Heather P	Gord L	Chris Y	Sylvie P
Crystal M	Jennifer W	Ian M	Haley M	Daniel T	Tom H
Donna P	Joan M	Ian W	Heather P	Emma B	Vanessa P

Zak S	Sarah GT	Julia H	Daniele M	Shannon F	Jessica SM
	Sarah S	Katrina J	Danielle N	Sheri B	Jocelyn I
2006	Scott R	Katie F	Derek L		Joel B
	Shelley J	Laura B	Dylan C	Sophie M	Joseph F
Allison H	Sheri B	Lauren P	Earl B	Stacey Z	Julia H
Amanda G	Susanne V	Lauren V	Emily W	Stephanie M	Kate B
Amanda H	Suzanne H	Lea G	Erin A	Stephanie T	Katie F
Amanda W	Sylvie P	Leigh W	Graeme B	Susanne V	Kelly G
Amy D	Tegan F	Lindsay H	Heather P	Sylvie P	Keren H
Anna D	Tessa F	Lisa S	Heather W	Vanessa G	Kim L
Ben R	Vanessa P	Lyn C	Hugh M	Vanessa P	Leigh W
Beth S		Mac P	Jason P	Victoria B	Lindsay R
Carley C	2007	Maegan C	Jaye C	Yusuf R	Louise J
Crystal R		Maggie M	Jenny F		Maegan C
Daniel T	Alex R	Mark K	Jeremy CK	2009	Maggie C
Eric K	Amy D	Melanie H	Jessica SM		Maggie F
Gary P	Andrea L	Melissa W	Jill B	Abigail S	Mandy R
Jaye C	Ben R	Patrick C	Jocelyn I	Alison M	Melanie H
Jeremy C	Beth S	Peter V	Joel B	Amanda M	Melanie L
Jeremy F	Callum C	Sarah L	John W	Amy S	Melanie T
Jessica M	Catalina N	Sarah S	Julia H	Andrea L	Monica P
Joan M	Cezanne H	Scott R	Julie B	Andrew N	Natalie B
Joanna B	Crystal R	Shelley J	Katie F	Autumn G	Nick D
Jocelyn I	Dana M	Sheri B	Katrina J	Beth S	Oriana VZ
Katie F	Dana P	Stephanie M	Kelly B	Brian W	Paul I
Keri M	Daniel T	Stephanie T	Kelly G	Carli W	Peter V
Kirsten J	Danielle M	Susanne V	Leah S	Chelsea T	Rita M
Laura B	Danielle N	Sylvie P	Leigh W	Dana M	Rose F
Lauren P	Derek L	Vanessa G	Lisa S	Dylan C	Sarah S
Leigh W	Emily H	Vanessa P	Maegan C	Earl B	Shannon F
Lindsey F	Emily W		Maggie C	Elaine F	Sheri B
Lindsay H	Evan D	2008	Maggie M	Emily H	Sophie M
Lyn C	Gillian S		Maggie F	Emma R	Stacey Z
Mac P	Heather W	Abby W	Melanie H	Gavin MK	Subi W
Maria O	Issac L	Abigail S	Melanie R	Graeme B	Susanne V
Maida T	Jaye C	Amanda M	Melissa W	Hannah B	Sylvie P
Marney B	Jeremy C	Andrea L	Natalie B	Heather P	Tara W
Melissa W	Jeremy F	Andrew N	Noah B	Hugh M	Victoria B
Olga A	Jessica M	Beth S	Rita M	Jaye C	Yusuf R
Peter V	Jocelyn I	Cezanne H	Sarah S	Jennifer S	
Renée D	John W	Dana M	Sarah Jane Y	Jeremy CK	

Grainers 2010



Adam C	Eleanor H	Laura C	Peter V
Amanda M	Emily U	Leah S	Quin J
Amanda Mc	Graeme B	Leigh W	Rebecca L
Amy S	Harry P	Lindsay R	Ricky F
Andrea L	Hayley P	Louise J	Rose F
Arden H	Heather P	Lydia F	Ryan B
Ashley F	Jennifer B	Maegan C	Sarah S
Autumn G	Jeremy CK	Maggie C	Shannon B
Beth S	Jessica Sm	Mandy R	Shannon F
Bianca S	Jessica So	Meaghan N	Sheri B
Brian R	Jocelyn I	Megan H	Stacy Z
Brian W	Julia H	Melanie H	Stephen C
Brianna F	Kate B	Melanie T	Subi W
Chelsea T	Katie F	Nava D	Susanne V
Dana M	Kelly G	Nick D	Tara W
Dylan C	Kiah D	Oriana V	Tyson B
Elaine F	Kim L	Paul I	Victoria K



Shaw's Creek Café

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Caledon, ON
L7K 0C3
519 942 0080

With the Grain Guelph Locations

at the Corners of London and Woolwich
294 & 295 Woolwich St
Guelph, ON
N1H 3W3
519 827 0008

www.withthegrain.ca



"An entrepreneur tends to bite off a little more than (s)he can chew hoping (s)he'll quickly learn how to chew it." - Roy Ash

Sheri